



E-mail Sarah at
s.stacey@you.co.uk

Sarah reads all your e-mails
but regrets that she cannot
answer them all personally

All products mentioned,
unless otherwise
specified, are available
by mail order from
Victoria Health,
tel: 0800 3898 195;
victoriahealth.com

Illustration NILA AYE

CREAM OF THE COP

A reader's policeman husband
who suffered from cracked and
painfully sore hands now keeps
Gloves In A Bottle lotion on his
desk at work. 'His colleagues
tried to take the mick but now
they use it too!' From £5 for
60ml (handbag-size), from
Victoria Health, see above.

