

Bon Marché Magazine

# Dr Dawn



Dr Dawn Harper is here to answer all your medical questions

NEED SOME ADVICE? Have you got a medical problem you'd like Dr Dawn's help with? Write to **bonmarché**, Victory House, 14 Leicester Place, London WC2H 7BZ.

## Health notes



The cold weather normally means cracked skin and chapped hands but you can keep soreness at bay with **Gloves In A Bottle**. It acts like a pair of invisible gloves, protecting hands from moisture-robbing irritants while keeping the natural oils in. It is available from pharmacies and gardening centres, £9.99 for 240ml. Visit [www.giab.co.uk](http://www.giab.co.uk) for stockists.



# SEXY SKIN REHAB

Has winter left your skin more grey than glowing? Cosmo has the tricks, tips and potions to get it back on track

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### Hands on

Hands aren't just exposed to the weather – they also have to deal with moisture-sapping chemicals, detergents and water throughout the day. Always apply hand cream after washing your hands, or try **Gloves In A Bottle**, from £4.99. This lotion forms a protective glove-like coating on the skin that keeps natural moisture in and drying agents out. You can't wash it off; skin will shed it naturally, along with your dead cells.

WHEN GLOVES GET IN THE WAY of gardening tasks, try *Gloves in a Bottle*. It bonds with the skin to create a protective layer for up to four hours. From £6.99 incl p&p (0870 745 5002; [www.allergybestbuys.co.uk](http://www.allergybestbuys.co.uk)).